

ANPA Bursary Application 2019

The ANPA is committed to the preservation of the legacy of naturopathy created more than one hundred years ago. Strong traditions must be kept alive to ensure the future of the naturopathic profession. Naturopathy students will contribute to this legacy by reading, writing, describing, clarifying and understanding the essential foundational concepts that are the core essence of how and why the profession of naturopathy is timeless.

To support these traditions, the ANPA and AUSTRALIAN NATURALCARE are offering **5 x \$1000** bursaries to assist students in their studies.

Who can apply:

- 3rd or 4th year students
- Enrolled in a Bachelor of Naturopathy program at an accredited Australian educational institution
- ANPA student members

Not yet a member? Join ANPA as a student member for FREE until 31/05/2019!
Click [here](#) or contact the office to join today.

Essay Topic:

Naturopathy has existed for more than one hundred years. Naturopathic care continues to be as effective today for acute and chronic conditions because it is based on timeless principles. Naturopathy is an art informed by science with a deep connection to nature. Elders of the profession have taught, practiced and written about how the 'laws of nature' and the 'Healing Power of Nature – *The Vis Medicatrix Naturae*' affects the body, mind and spirit. Henry Lindlahr (1862 – 1924) was one of these naturopathic elders who wrote a cornerstone text for the profession.

1. *Describe how the traditional philosophy of naturopathy continues to be as relevant today as when it was written and described by Lindlahr in his book "Nature Cure".*

Use the following chapters from Nature Cure as the basis of your discussion:

- Catechism of Nature Cure – Chapter II
- The Unity of Disease and Treatment – Chapter IV
- The Laws of Cure – Chapter VI
- Suppression vs Elimination – Chapter VII

2. *Include a case study where the treatment plan has incorporated foundational naturopathic philosophy from the chapters specified.*
3. *Describe what is unique about naturopathic philosophy and how a naturopathic approach is different from that of mainstream medicine, integrated medicine and functional medicine.*

Resources:

- *Nature Cure* – access PDF [here](#).

Essay Requirements:

- Word document format
- 1500 word count ($\pm 10\%$, not including references)
- References in APA style
- Document name to include your Surname, Initial, year and '*Bursary Submission*' (eg. '*Smith, J 2019 Bursary Submission*')
- Cover sheet to include:
 - Essay title
 - Name
 - Student number
 - Education provider location
 - Preferred contact details
- Email submission to admin@anpa.asn.au
- Subject "*ANPA Student Bursary Submission*"
- Content, spelling, grammar and layout will all be considered.
- Use diagrams or graphics where appropriate - abide by copyright rules, credit creators or create originals where necessary

Key Dates

- Applications OPEN: **22/04/2019**
- Submissions CLOSE: **31/05/2019**
- Winners announced: **30/06/2019**

Important Information

- Winning essays will be published in ANPA e-news and on ANPA website as well as on AUSTRALIAN NATURALCARE media.
- Winners will be interviewed for e-news about their essays
- Winners will be promoted on social media platforms.