



**A.N.P.A.**  
 Australian Naturopathic  
 Practitioners Association Inc.

# CONTINUED PROFESSIONAL EDUCATION (CPE) 2024/2025

Please return the completed form to the ANPA office with your membership renewal paperwork. You can email this form to: [admin@anpa.asn.au](mailto:admin@anpa.asn.au)

**A minimum of 20 points is required each year.**

Please note: *You are required to keep the full records of your activities specified below.* The ANPA may audit members requesting these full records. No signatures are required on this electronic record.

Name: \_\_\_\_\_

Membership No: \_\_\_\_\_

DATE	ACTIVITY	HOURS	POINTS

**ANPA website discussion board posts (Optional) 6 posts = 2 points**

<b>Total Points:</b>					
<b>Excess Points Carried Forward (Maximum of 10 points):</b>					

**Excess Points carried forward to next year:** Maximum of 10 points carried to the following year. Many activities exceed more than the 20 required points. These points must be very clearly specified as carried forward points. Only carried forward points from 2023-2024 to 2024-2025 are valid.

**ACTIVITIES THAT ACCRUE POINTS: UPDATED**

Activity Type	Point Allocation	Details
<b>ANPA Chapter Attendance</b>	1 point for every hour of an educational activity.	For Chapter meetings around the country go to: <a href="http://www.anpa.asn.au/join-here/anpa-chapters">www.anpa.asn.au/join-here/anpa-chapters</a>
<b>ANPA New Graduate Support Calls</b>	1 point per call	For New Graduate Support Call recordings go to: <a href="https://anpa.asn.au/category/new-graduate-support-calls/">https://anpa.asn.au/category/new-graduate-support-calls/</a>
<b>ANPA Website Discussion Board Posts</b>	2 points = 6 posts across the year.	Dates of all posts are to be recorded. Only original new posts are valid. If you do not have a password to access the ANPA website discussion board please contact the office at <a href="mailto:admin@anpa.asn.au">admin@anpa.asn.au</a>
<b>BioConcepts Engage Membership</b> <ul style="list-style-type: none"> <li>• \$95/annum; \$9.95/per month</li> <li>• Natural Medicines Database</li> <li>• Australian content – webinars, podcasts, articles</li> </ul>	5 points for membership, additional 1 point per activity hour capped at 5 points. (e.g. webinars)	
<b>Book Purchase</b>	1 point per book. Maximum of 6 points per year.	Must be relevant to naturopathy practice. Proof of purchase must be supplied.
<b>Business and Marketing Self Development</b>	Maximum of 5 points per membership year	CPE points are capped for 1 year only if program is beyond one year.
<b>Committee Meeting Attendance</b>	One point accrued for each meeting attended.	Contact the ANPA office if you want to join the ANPA Committee.
<b>Journal Article Submissions</b>	Up to 3 points per article.	Any research-based article written related to naturopathic practice.
<b>Journal Subscriptions</b>	Maximum of 5 points per year per subscription.	Any journal providing relevant knowledge for running of a naturopathic practice/clinic.
<b>Mentoring</b>	1 point per 4 hours. Maximum of 6 points per year.	The date, time, and the name of the mentoree (the practitioner being mentored) must be noted on the CPE card.
<b>Post-Graduate Studies</b> (ie Bachelor Of Naturopathy upgrade, training in Chinese Medicine or Massage)	20 points/year	Post-graduate studies related to Naturopathy. Proof of studies required.
<b>Seminar/Webinar Attendance</b>	1 CPE point per hour <i>Exclude breaks</i>  (if a series – maximum 5 points)	Any seminar that enhances the member's body of knowledge related to naturopathic practice.
	10 CPE points maximum	

<b>Teaching</b>	One hour of lecturing = 1/2 point. Maximum of 10 points.	Teaching of a naturopathic or health related subject in an approved institution.* Proof of appointment is required. *An approved institution is any school whose graduates are approved as members of ANPA.
<b>Volunteering</b>  <b>PR at Teaching Colleges</b>	½ point per hour of time. Maximum of 6 points per year.  4 points	Dates and tasks to be noted in the CPE record. Contact the ANPA office. There are a variety of tasks available.

**Note: First-aid training is not claimable for CPE points**